

The Salvation Army Australia Eastern Territory



COMORBID TREATMENT WITHIN A THERAPEUTIC COMMUNITY

ENDEAVOUR DUAL DIAGNOSIS BRIDGE PROGRAMME





COMPRISES THE MIRACLE HAVEN BRIDGE PROGRAMME & ENDEAVOUR DUAL DIAGNOSIS BRIDGE PROGRAMME.

Thank God for the Salvos



Thank God for the Salvos



1967 “Miracle Haven” opens.

Thank God for the Salvos



The Salvation Army Endeavour Programme operated on property at Chittaway Bay on the NSW Central Coast.

This property had previously been used by The Salvation Army as a residential AOD treatment service for women.

In 1996 the Endeavour Programme relocated to it's current site adjacent to Miracle Haven at Morisset, NSW and began it's service delivery focus on dual diagnosis.

Thank God for the Salvos



THE ENDEAVOUR COMMUNITY

Thank God for the Salvos



Programme development took a multi-disciplinary approach and now consists of the following team:

- **Psychiatrist**
- **Psychologist**
- **Psychiatric nurses**
- **AOD Case Workers (Mental Health trained)**

Each team member works collaboratively with participants and other team members to formulate and deliver an individualise case plan.

The case plan focuses on AOD and mental health recovery.

Thank God for the Salvos



**January 2003 saw the combining of Miracle Haven and
Endeavour Community as
“Lake Macquarie Recovery Services”**

Thank God for the Salvos



IT TAKES A VILLAGE TO.....

Thank God for the Salvos



Participants that have a dual diagnosis are integrated into a larger treatment population.

This created one larger therapeutic community – rather than two individual TCs operating next to each other.

This has lead to higher functioning participants supporting those with greater needs, particularly those with mental health issues.

Thank God for the Salvos



In a unique and idyllic therapeutic setting – supported by peers, the wider community and by professional mental health and alcohol and other drug workers excellent treatment outcomes are being achieved.

The Endeavour Dual Diagnosis Bridge Programme is providing a robust therapeutic community environment

This instils a sense of hope within those diagnosed with a mental illness.

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Utilising the community as method approach in a broader context.

Thank God for the Salvos



Thank God for the Salvos



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ASPECTS OF THE THERAPEUTIC COMMUNITY

- **Ensuring a safe environment**
- **Encouraging community spirit and a sense of belonging**
- **Program structure**
- **Encouraging behavioural change**
- **Stabilising mental health**

Thank God for the Salvos



WHAT THE COMMUNITY ACHIEVES

- **A sense of being part of a community.**
- **The development of living skills that enhances recovery – within the TC and the broader community.**
- **The development of responsibility for aspects of the functioning of the community.**
- **The development of self esteem and interpersonal skills.**

Thank God for the Salvos



WHAT THE COMMUNITY ACHIEVES

- **Improved social skills**
- **Increased motivation for change**
- **Greater involvement in groups, social activities and community membership**
- **Improved retention**
- **Improved treatment outcomes**
- **Less disciplinary problems**

Thank God for the Salvos



WHAT THE COMMUNITY ACHIEVES

- **The development of individual responsibility for actions and the consequences of those actions.**
- **The development of supportive relationships between participants and between participants and staff.**
- **Participants learning about and living with mental illness.**
- **Importance of medication.**
- **De-stigmatising mental illness.**

Thank God for the Salvos



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