



PROFESSIONAL WORKSHOPS

2nd and 3rd June 2011

The Esplanade Hotel
Fremantle, Western Australia



**Mark this in your diary
NOW
and book your place!**

Fremantle sustains a rich mixture of cultures and nationalities and provides a unique opportunity for the visitor to experience and enjoy a range of cultural activities in a relaxed atmosphere. Along with maritime history and beautiful architecture, visitors to the port city can experience fine crafts, original music and theatre, exciting galleries, museums, bookshops and buskers.

The theme of the conference is **TCs Today – No Closed Doors** with the broad topic area being alcohol and other drug (AOD) best practice treatment and referral options for all consumers.

The No Closed Doors theme of this year's conference explores the vision of integrated shared care and the goal that each individual presenting for assistance will receive a positive response, either directly through treatment or through appropriate referral regardless of cultural, social, mental health or justice issues.

We are offering four Professional Development Workshops as an adjunct to the Conference. These will be an important training opportunity for practitioners working with AOD clients, families and young people in a range of settings; and for those working within Therapeutic Community and residential programs.

Individuals will be able to attend **Workshop One** AND EITHER **Workshop Two** OR **Workshop Three** OR **Workshop Four**.

Workshop One

Ken Minkoff and Chris Cline

THURSDAY 2ND JUNE

1.30pm – 5.00pm

Integrated Recovery Planning (Dr Ken Minkoff)

This workshop demonstrates application of principles of successful integrated intervention to the development of integrated stage matched treatment and recovery plans for individuals with co-occurring conditions. There will be demonstration examples and interactive practice opportunities in this very hands on practical experience.

Helping Your Program Become Co-occurring Disorder (COD) Capable (Dr Chris Cline)

This workshop will provide hands on practical steps for any type of program (with particular focus on TCs, of course!) to make progress in becoming welcoming, recovery oriented and 'co-occurring capable' to better

serve individuals with co-occurring disorders. This is NOT about hiring a psychiatrist; this is about building artful strategic change processes with your own staff within your resources - what we call a "recovery process" for agencies and programs.

Workshop Two

Peter Duncan and Lynne Magor-Blatch

FRIDAY 3RD JUNE

9.00am – 5.00pm

Therapeutic Community Groups and how to deliver effective sustainable training for TC workers

This workshop will be divided into three parts. Part A and B will take part in the morning and be led by Peter Duncan. Part C will be led by Lynne Magor-Blatch in the afternoon.

Part A will include a re-enactment of a typical TC morning group. This session will be interactive where participants will be invited to observe the workings of the group and will be called upon to give their impressions on what is happening and how to address any issues that arise. The group will play out a number of scenarios and will have stop, review, rewind and fast forward functionality.

Part B will be an interactive discussion focusing on the topics identified in Part A. This session will introduce concepts and strategies that will assist TC workers and the way they respond to colleagues and residents in a group environment. An outline of how to deliver an effective and sustainable TC group training method will be introduced.

Part C will be led by Lynne Magor-Blatch and will build on the morning's activities. This session will focus on Standard 1 of the *Australasian AOD Therapeutic Community Standards*, particularly looking at Community-as-Method, the role of staff, boundary setting and the development of healthy relationships in the TC. These will be developed through the use of case studies, using discussion and role play.

Workshop Three

Ali Marsh and Tania Towers

FRIDAY 3RD JUNE

9.00pm – 5.00pm

Working therapeutically with women with complex trauma and alcohol and other drug (AOD) issues

In this introduction to working therapeutically with women with complex trauma and AOD issues, we will start by providing an overview of special issues for women with AOD issues. We will then examine the impact of trauma and attachment trauma on multiple aspects of a person's functioning including neurobiology, cognition, affect, behaviour, interpersonal relatedness, and sense of self. Finally we present a model of intervention that provides a safe way to work with these women. Activities will include lecturette, discussion skill demonstration, skill practice and case study. Participants will be able to supplement their learning from the workshop by referring to a recently produced guide: Marsh, Towers and O'Toole (2011) 'Trauma-Informed Treatment Guide for Working with Women with Alcohol and Other Drug Issues'.

Workshop Four

Charl Van Wyk

FRIDAY 3RD JUNE

9.00am – 5.00pm

Opening the Door on Grief and Loss

Good Grief - What's behind the scary door?

Loss, grief, pain, trauma, dealing with change and adjusting are things that many people feel unable to deal with so they lock them away behind a door. Over time what's behind the scary door can become bigger and more difficult to consider, let alone address and deal with.

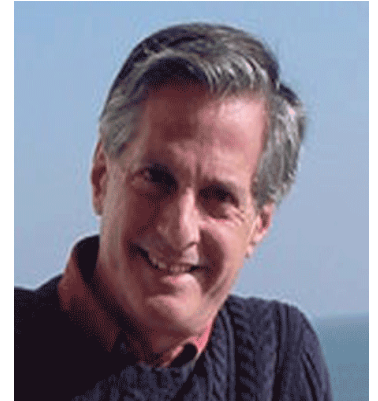
This interactive workshop will ask participants to use their own personal and work experiences of loss and grief to achieve the following aims:

- Provide a working definition of what grief is and what grief is not;
- Identify different ways to conceptualize loss and grief;
- Identify containment and coping strategies;
- Identify strategies to manage grief and its aftermath;
- Identify why skills in working with loss is important in a Therapeutic Community context;
- Raise awareness of the impact of alcohol and other drug use and mental health issues on grieving processes.

It is important for intending participants to identify to the facilitator any significant losses they have had in the preceding twelve months and for all participants to consider how they manage their own reactions to loss.

WORKSHOP PRESENTERS

Ken Minkoff M.D. is a board-certified psychiatrist with a certificate of additional qualifications in addiction psychiatry; a dedicated community psychiatrist and is currently a clinical assistant professor of psychiatry at Harvard Medical School and a senior systems consultant for ZiaPartners in San Rafael, CA. He is recognized as one of the nation's leading experts on integrated treatment of individuals with co-occurring psychiatric and substance disorders, and on the development of integrated systems of care for such individuals. Dr. Minkoff's major professional activity is the provision of training and consultation on clinical services and systems design for individuals and families with mental health and substance use disorders.



Christie Cline M.D., MBA is a board certified psychiatrist. Dr Cline is the founder and President of ZiaPartners, Inc. and ZiaLogic Both corporations provide consultation, products and technical assistance nationally and internationally to behavioral healthcare systems in the areas of policy, procedure and practices for integrated services development, quality improvement and systems transformation. Dr. Cline developed the design and format of the CCISC Change Agent Approach and the CCISC Change Agent Curriculum and is a co-author of the CCISC Co-occurring Disorders Capability Toolkit, has published articles on co-occurring disorder system and services development and written book chapters on the ethics of co-occurring treatment.

Dr Cline and Dr Minkoff are the leading experts on the implementation of the Comprehensive Continuous Integrated Systems of Care Model (CCISC) in adult and child and adolescent systems of care. These projects have involved working in all types of systems and service settings with extraordinarily diverse populations. Since 2001, Dr Cline and Dr Minkoff have worked as a team in the process of system transformation for individuals and families with co-occurring issues in over thirty US states, four Canadian provinces and in Australia.

Peter Duncan

Most of my experience comes from experience, by that I mean, face to face interaction with staff and residents. It is to these people that I am truly indebted, for they have been my teachers and have guided me to a place at their side. I have been privileged and inspired by their endeavours despite my own faults and failures.

R E S P E C T * (Peter Duncan)

Peter Duncan graduated from the Cyrenian House residential program in 1990. He is currently the Manager of Non-residential Services and has previously worked with Cyrenian House as Manager (Acting) of the non government/ government integrated service, North Metro Community Drug Service and as Manager of Residential Services.



In his time at residential services, Peter worked his way through as a volunteer, relief overnight and weekend supervisor, counsellor, senior counsellor, program co-ordinator and eventually manager. During these years he completed a BA in English Studies at Edith Cowan University and became more involved with program content, creating and developing specialized therapeutic groups for residential clients.

In 1998, after attending an ATCA training event and visiting The Buttery Therapeutic Community (TC), Peter returned home with the “essential elements” in hand and the task of implementing the TC model with the residential program staff and residents. He designed, formulated and facilitated strategies and tools for the transition phase that could be developed by the entire community

In 2010 Peter delivered TC group training to staff working in the Cyrenian House Saranna Women and Children’s Program and Mixed Gender Program. The training was delivered 5 days per week over a 3 month period under normal TC conditions.

Lynne Magor-Blatch

Lynne Magor-Blatch is the Executive Officer with the Australasian Therapeutic Communities Association and an Associate Professor within the Clinical Masters of Psychology Program, at the Centre for Applied Psychology, Faculty of Health, University of Canberra.

Lynne has more than 35 years experience in the alcohol and other drug (AOD) field, and has worked within the non-government and Government sectors as program director, policy officer and consultant, and within Mental Health as Secretariat Manager to the National Mental Health Working Group and the National Comorbidity Taskforce; in crisis counselling and intervention; child and adolescent mental health; and forensic services.



Lynne researches in the areas of alcohol and other drug use – and is specifically interested in the effect on families and intergenerational issues of substance use; prevention and early intervention for mental health and substance use; recovery; and mental health and AOD service evaluation. She is currently enrolled in a PhD program with the University of New South Wales, National Drug and Alcohol Research Centre, where she is conducting an outcome study, examining the benefits of a specially designed treatment intervention for clients of five therapeutic communities compared with treatment as usual in a further six TCs in WA, Queensland, Victoria, NSW and the ACT.



Ali Marsh

Ali Marsh M.Psych (Clin); PhD is a clinical psychologist who has worked for over 20 years in the addiction area in multiple roles: as clinician, educator, consultant and researcher. She currently works as a clinical psychologist at Next Step Drug and Alcohol Service and in private practice. Her work as a clinical psychologist includes working therapeutically with clients, providing supervision for other clinicians, running workshops and writing treatment guidelines.

Tania Towers

Tania Towers M.Psych (Clinical/Health) is a clinical psychologist who has worked in the addictions and trauma field for over 20 years. She has worked as a clinician, educator, consultant and manager. She currently works as the manager of the Sexual Assault Resource Centre (SARC) and works as a clinical psychologist in private practice.

Both Ali and Tania have contributed to the literature on AOD use and trauma issues, and along with another colleague, Stephanie O’Toole, have recently written a guide for clinicians titled “Trauma-Informed Treatment Guide for Working with Women with Alcohol and Other Drug Issues”.



Charl Van Wyk



Charl Van Wyk is a social worker from the UK. He has lived in Australia for the last 18 years and has worked in Western Australia, South Australia and Victoria. Having undertaken additional training in psychiatric social work, Charl worked as part of a problems of living team that dealt with psychiatric, emotional, substance use and psycho-social issues in a multi-disciplinary approach. Dealing with loss has been common to all of the areas of work that Charl has operated in.

After moving to Australia Charl worked in the funeral industry running bereavement counselling and support services for the Purslowe Group of companies. Charl was involved in training and development at an international level with the funeral industry.

In the 1990's Charl started what was believed to be Australia's first bereavement support programme designed specifically for families where a member had died as a result of drug use.

Australia has offered Charl a number of work challenges including work in AOD rehabilitation settings, establishing a new service for homeless young people with mental health and AOD issues and running a Psychiatric Disability Support Service

Charl's unusual skill mix acquired from both his clinical and business roles has led to him sitting on numerous community organisation boards and advisory groups.

He is currently employed by Cyrenian House through the Improved Services Initiative funded by the Department of Health and Ageing to build the capacity of the residential sector to deal with co-occurring mental health and alcohol and other drug issues.

For further information, conference updates, registration and hotel booking information please refer to the ATCA website www.atca.com.au.

Any correspondence should be sent to conference@atca.com.au.