

Meridy Calnin, Odyssey House Victoria, Therapeutic Community

# **THE SHIFTING SANDS**

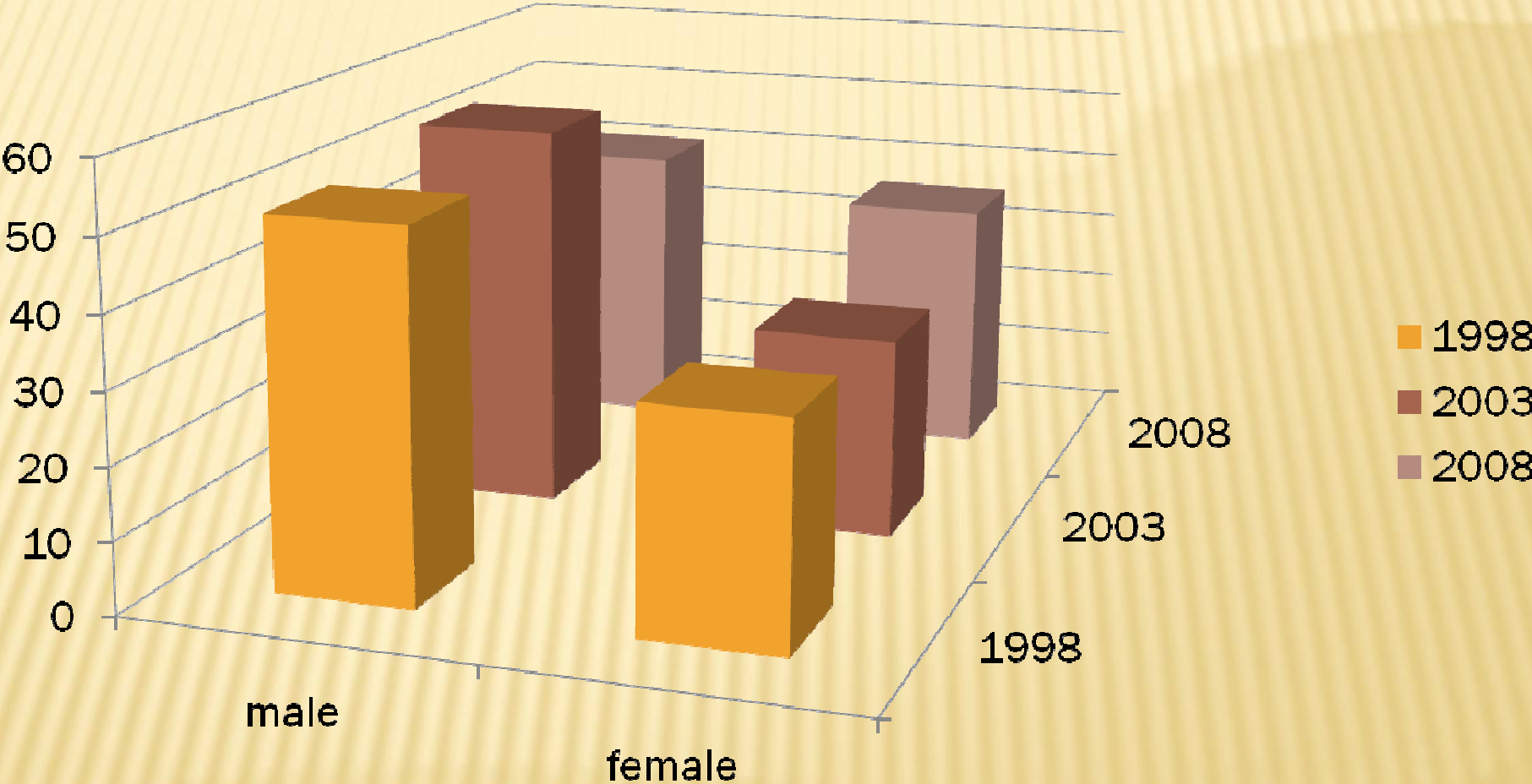
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# SNAP SHOT FOR JUNE 2008

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- ✘ Adult population – 57
- ✘ Children – 16, ages ranging from 6 months to 12 years.
- ✘ Average length of stay: 128.45 days
- ✘ Shortest: 2 day
- ✘ Longest: 519 days

# MALE / FEMALE COMPARISON



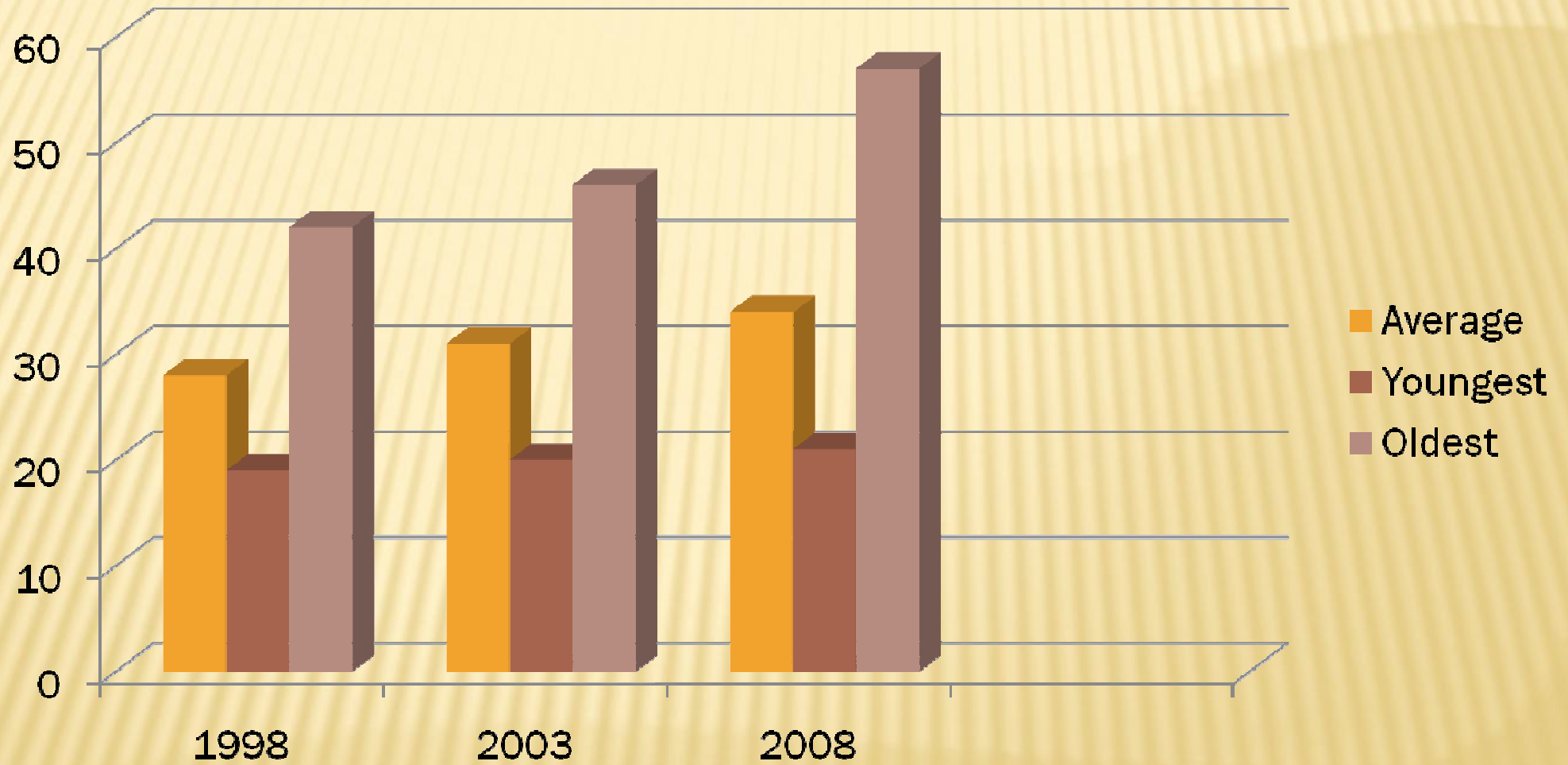


# AVERAGE AGE COMPARISON

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- ✘ June 2008 – 34 years
- ✘ Youngest: 21yrs, Oldest: 57yrs
- ✘ June 2003 – 31 years
- ✘ Youngest: 20yrs, Oldest: 46yrs
- ✘ June 1998 – 28 years
- ✘ Youngest: 19yrs, Oldest: 42yrs

# AVERAGE AGES



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15 participants are aged  
between 40 and 57



# NUMBERS

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- ✘ Admissions for June:
- ✘ Women – 9
- ✘ Men – 9
- ✘ Children – 4

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✘ Premature exits:

✘ Men – 9

✘ Women – 6

✘ Children – 1

✘ Average length of stay:

57.93 days



# GRADUATIONS

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- ✘ Independence Program
- ✘ 3 graduations for June
- ✘ Residential treatment days – 693.3 average
- ✘ Aftercare treatment days – 228 average

# PSYCHIATRIC DIAGNOSIS

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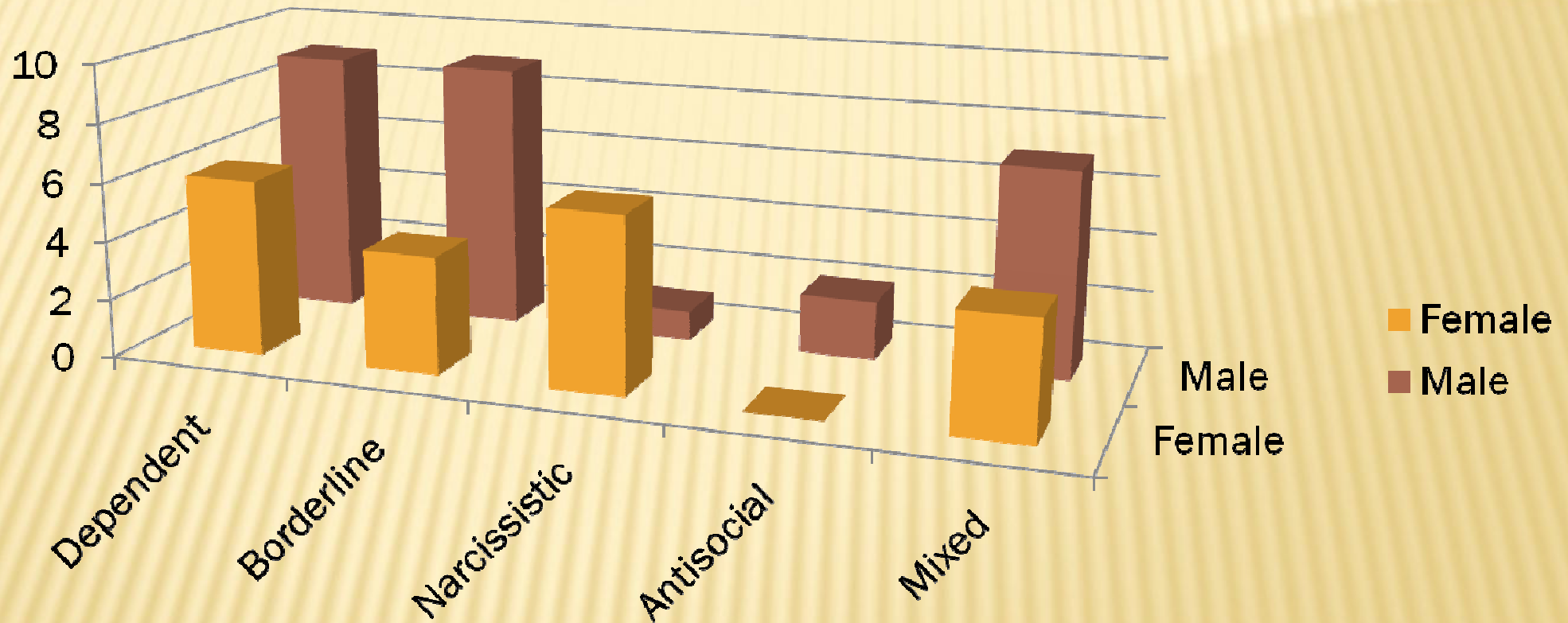
- ✘ Consultant psychiatrist
- ✘ Admission diagnosis
- ✘ Community Treatment Orders - CTO

# DIAGNOSIS

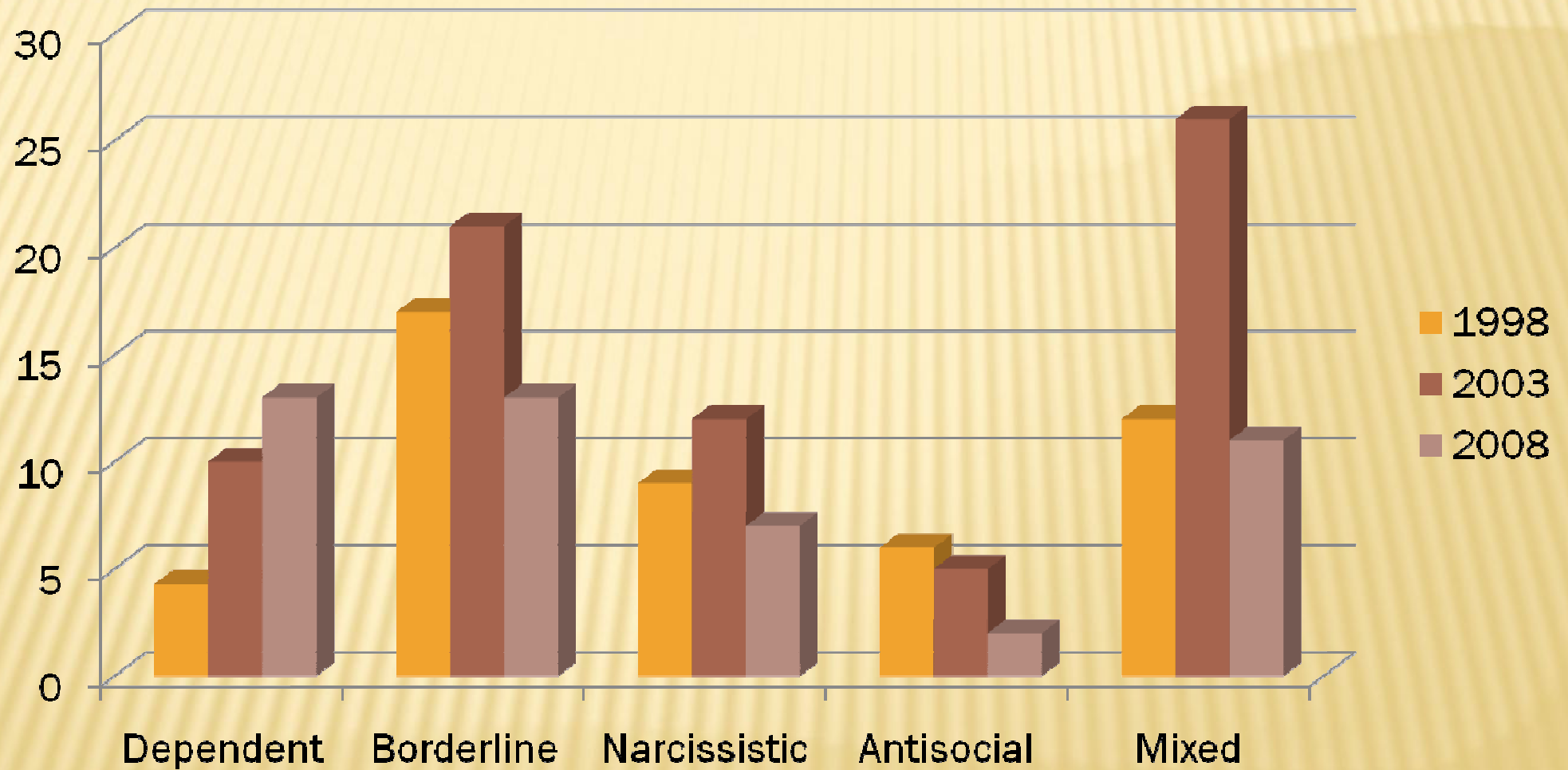
	Male	Female
Dependent PD	9	4
Borderline PD	9	4
Narcissistic PD	1	6
Mixed PD	7	4
Antisocial PD	2	
PTSD	1	1
Bipolar	1	
Schizophrenia	1	



# PERSONALITY DISORDERS 2008



# COMPARISON



# PHARMACOTHERAPY

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✘ Antidepressants –

14 males

10 females

✘ Antipsychotic –

6 males

4 females



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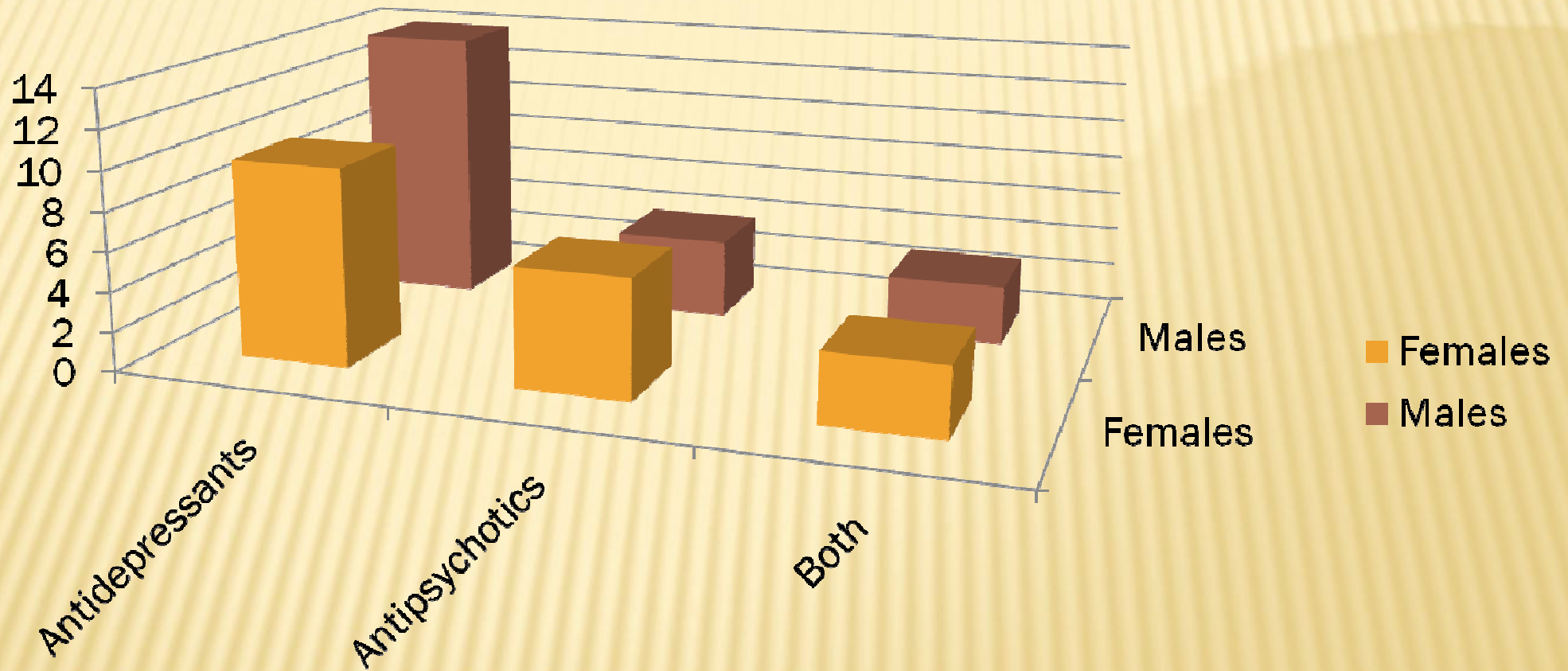
✘ Both –

3 Males

2 Females

50% of adult population is taking prescribed medication for depression or psychotic features

# PHARMACOTHERAPY

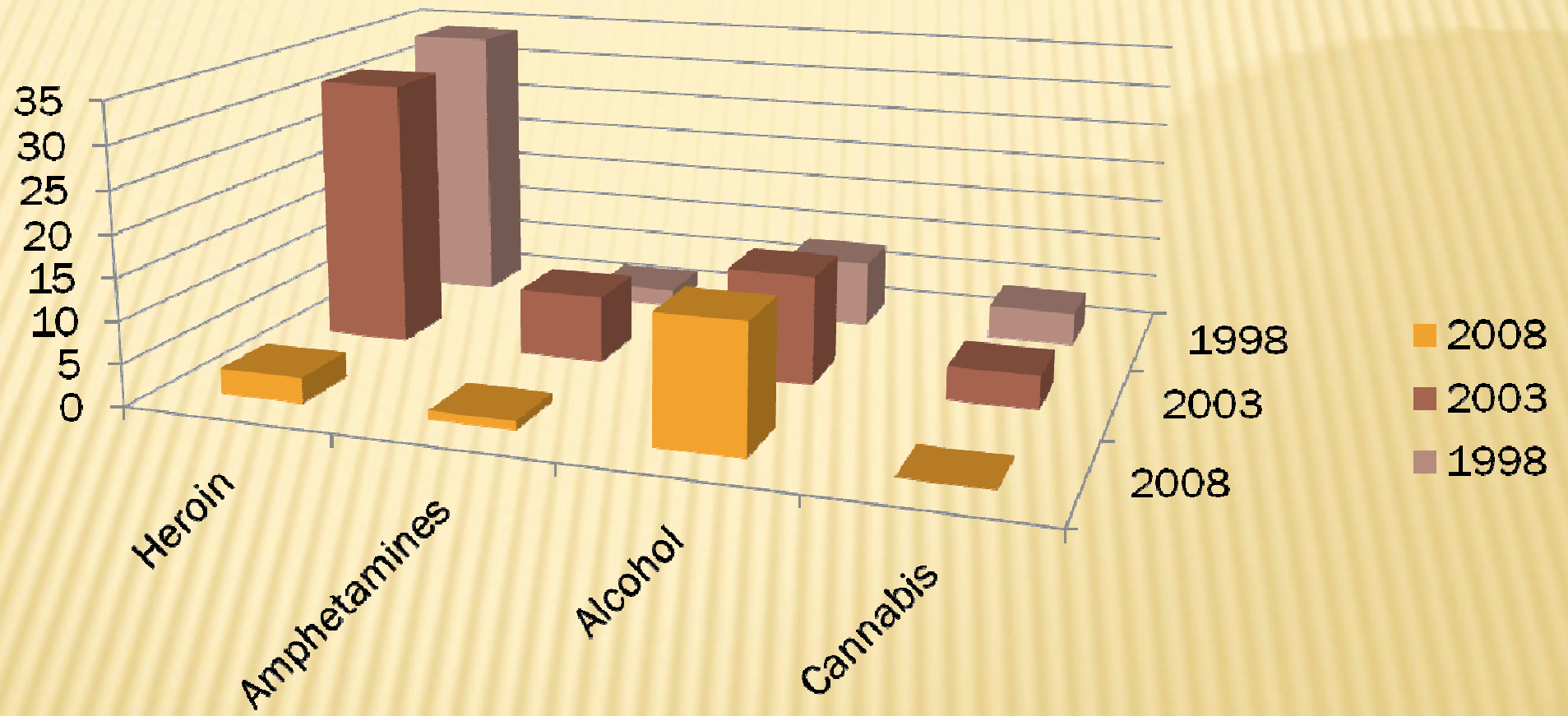


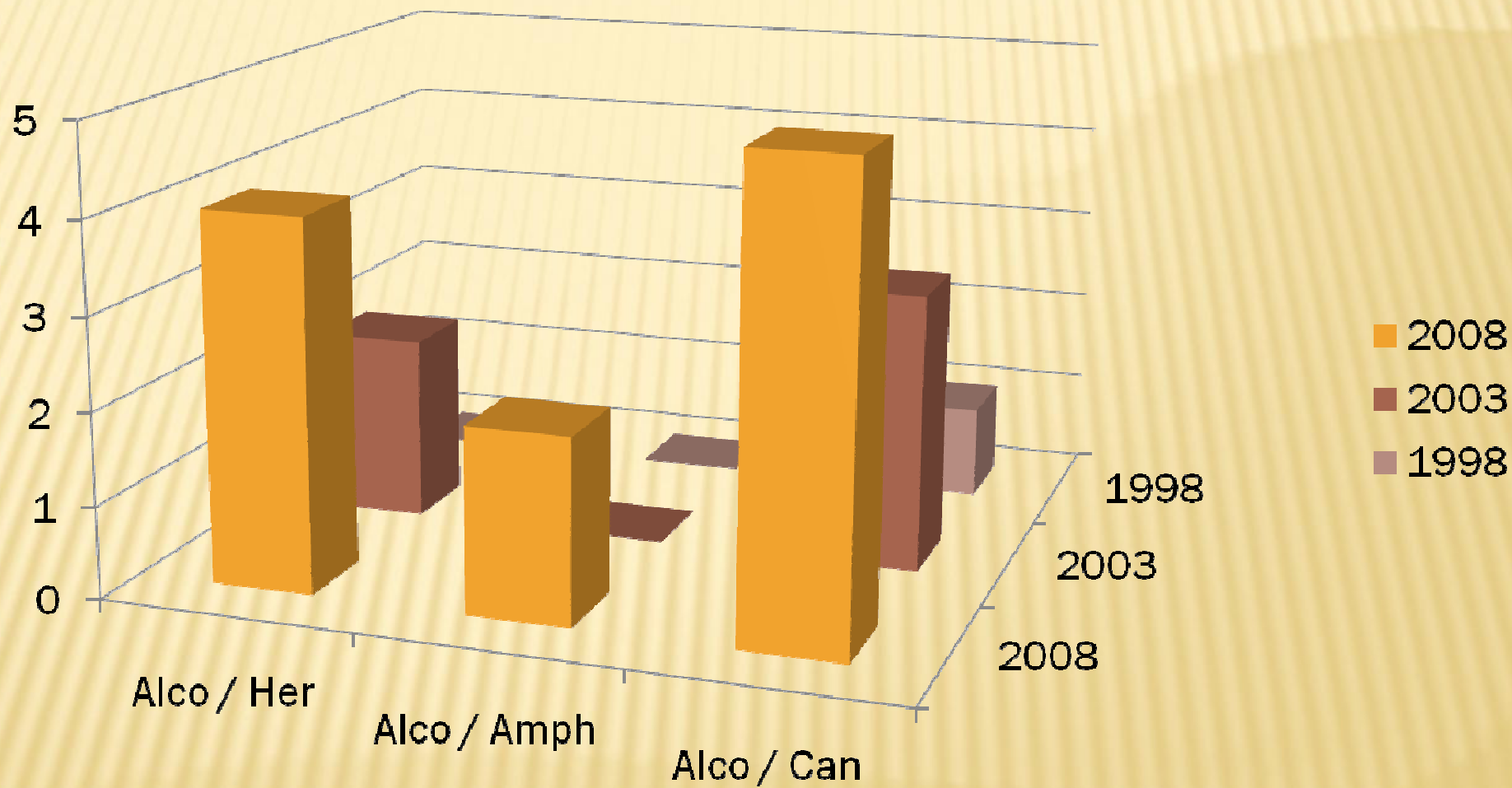
# DRUGS OF CHOICE

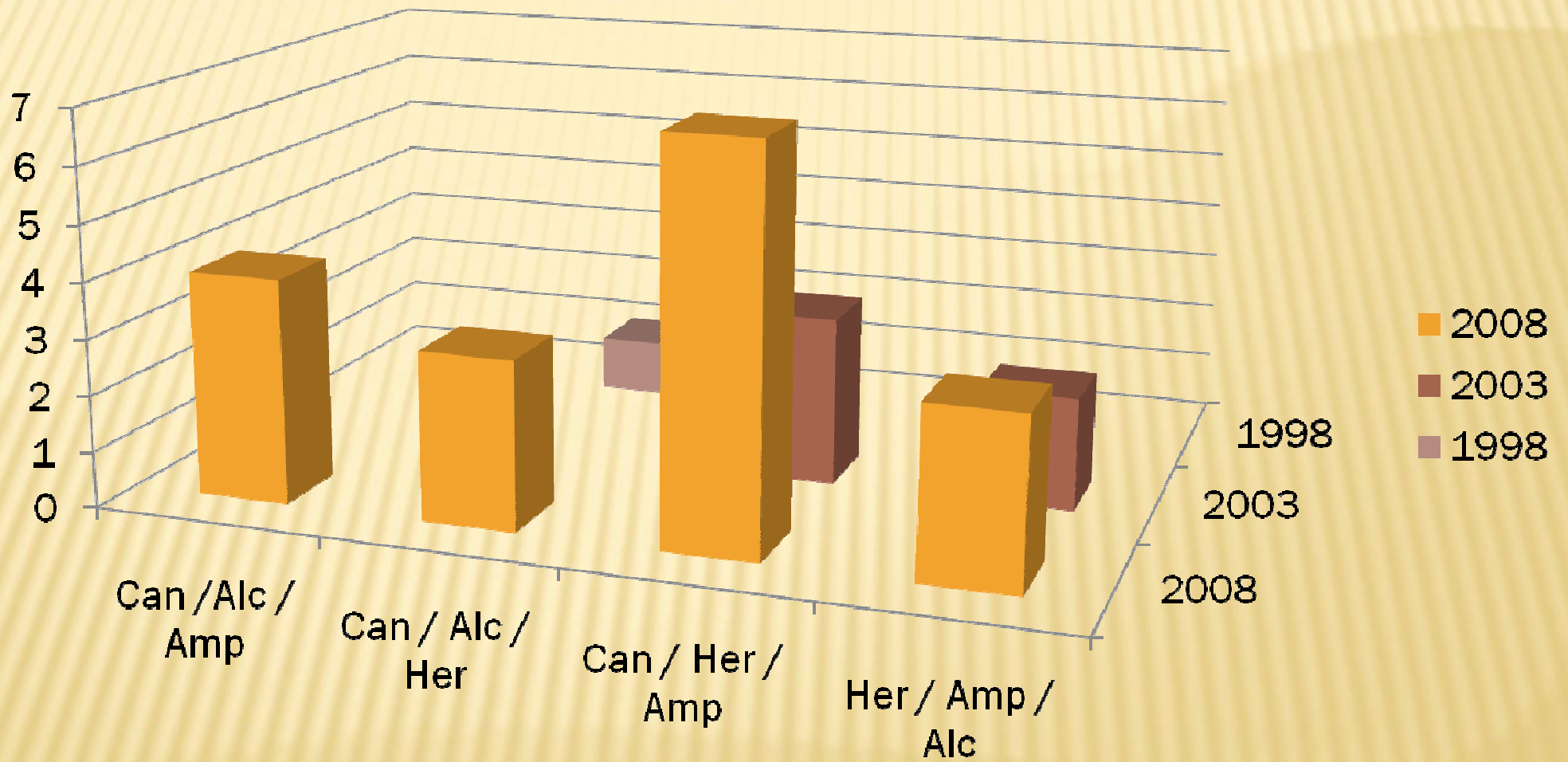
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- × Categories 2008 – 16
- × Categories 2003 – 13
- × Categories 1998 – 8











# MEDICAL ISSUES

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- ✘ Hepatitis C positive - 18
- ✘ One senior resident on Interferon treatment

# SUBSTITUTION THERAPY

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- ✘ Methadone – 9
- ✘ Suboxone - 2

# SUMMARY

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- ✘ Ageing population
- ✘ Greater use of prescribed medication
- ✘ More complex drug usage
- ✘ Greater usage of alcohol and cannabis
- ✘ More women in treatment
- ✘ More Dependent and Borderline PD, less Antisocials



# THE FUTURE

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- ✘ Age specific groups e.g. 45 plus
- ✘ More immediate groupings with significant others
- ✘ AA