

### August 2019







HAVE YOU REGISTERED for the ATCA Conference?
Early Bird Registrations Close
31 August 2019 (but we will let you have until Monday 2 September!)

Each year the Australasian Therapeutic Communities Association (ATCA) hosts an international conference – and this year we are in Adelaide from Monday 28 October to Thursday 31 October. This will be followed on Friday 1 November with a stimulating and informative Professional Development Workshop, offered by Associate Professor Gery Karantzas.

The ATCA Conference program will be up on the website this coming week – it is looking **FANTASTIC!** 

The conference site can be found at <a href="www.atca2019.com.au">www.atca2019.com.au</a>, with details including information on Site Visits on Monday 27 October 2018, together with a special event on Wednesday 29 October, which invites us to: Focus on Restorative Practices.

In addition to our Keynote presenters, we have over 20 papers which will showcase the fabulous work we are doing in Australia and New Zealand. Topics cover the important areas of:

- Treatment Practice
- Family and Child Aware Practice
- The Justice System
- Stigma and Discrimination
- Continuing Care

Would you like to become a sponsor? Please join our important list of Sponsors: WHOS (Awards Dinner Sponsor), Windana Drug and Alcohol Recovery (Bronze Sponsor), Odyssey House NSW (James Pitts Oration), SANDAS (Significant Contribution to Development at an Organisational Level Award), and NCETA (Excellence in Treatment and Evaluation Award).

Check out the opportunities in the Sponsorship Prospectus at <a href="https://www.atca2019.com.au">www.atca2019.com.au</a>

### Our Keynote Speakers

Naya Arbiter began her work at Amity (USA) in 1981 and has been responsible for the total transformation of this organisation and its recognition nationally and internationally as one of the most innovative and effective. She has developed restorative paradigms for those marginalised through addiction, poverty, racism, sexism, trauma, and violence. She has been recognised for the development of prosocial strategies for people that represent populations that have confounded the mainstream; her efforts in prisons have evidenced the highest recidivism reduction with the most criminogenic population ever studied.





**Rod Mullen** began his work in therapeutic communities in 1967, when he was a non-resident member of Synanon, shortly after graduating from the University of California, Berkeley.

In 1968 he moved into Synanon, serving over the next twelve years in a variety of positions—Director of several of Synanon's facilities in California, as well as its in-house

school. He joined his wife, Naya Arbiter, at Amity in 1982, and together they built what had been a small, troubled non-profit organisation into one respected both nationally and

internationally. Rod served as Chief Executive Officer for thirty-four years and is currently serving as Amity's President.



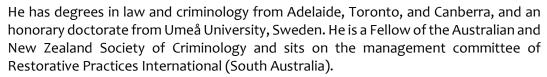
**Gino Vumbaca** is the President and Co-Founder of Harm Reduction Australia. He has extensive experience in the HIV/ AIDS and drug and alcohol fields both in Australia and internationally. He is a Churchill Fellow, has completed a Social Work degree and a Master of Business Administration at the University of Sydney and is a qualified Company

Director. Gino is the former Executive Director of the Australian National Council on Drugs – a position he held for over 15 years.

### Focus on Restorative Practices

Wednesday 30 October will provide delegates with a special opportunity to **Focus on Restorative Practices**, with presentations from key speakers working with clients within the justice system and in partnership to provide options that provide clients and participants with the chance of restoring hope.

Wednesday's presenters include: **Professor Rick Sarre**, who is Professor and Dean of Law in the School of Law, University of South Australia, having taught law and criminology in four countries for over thirty years.







Matua Rāwiri Pene (Ngā Puhi, Tainui) is the AODT Courts' Pou Oranga (the Courts' tikanga cultural adviser and recovery role model – an innovation of the AODT Courts in Aotearoa). Rā brings his extensive lived experience of recovery with his knowledge of Te Reo Māori me ona Tikanga to the role. He has worked in the addiction field as a clinical and cultural facilitator, practitioner and adviser for many years. Currently Rā also works for Higher Ground/Papa Taumata in Te Atatu, Auckland.

**Leigh Garrett** is the Chief Executive Officer of OARS Community Transitions and the Centre for Restorative Justice. Leigh commenced work with OARS SA in

January 1994. OARS is well known for its work in providing homelessness support, advocacy, counselling, and drug and alcohol treatment for offenders, those at risk of offending, and their families. In 2010 the new business name OARS Community Transitions was created, reflecting the importance of transition points in people's lives and the risks associated with this.

**Matt Wilson** is the Statewide Program Manager of the Family Drug Treatment Court in Victoria. Matt has an extensive professional history of more than 20 years across the child and family welfare sector in a range of statutory, non-statutory, clinical, leadership and managerial roles. With a particular interest in addiction, Matt's professional



passion is for the delivery of innovative systemic responses to complex problems impacting on children, parents and familial systems through driving proactive and creative practice.



The Family Drug Treatment Court (FDTC) is the only court of its kind in Australia and has been operating within the Family Division of the Children's Court of Victoria since 2014. Established to enable the Children's Court of Victoria to respond in a far more effective way to the increasing prevalence and complexity of parental alcohol and drug use in child protection applications coming before the court, the FDTC has now assisted in excess of 150 parent participants.

Amanda Lambden has been a Solicitor and Barrister for over 20 years, specialising in criminal defence in South Australia and the Northern Territory and throughout her career, she has worked with Aboriginal and Torres Strait Islander people, and their communities. Amanda has also spent time working with youth and those with impaired capacity (as a result of mental impairment and addiction).



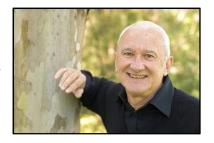
Amanda gained employment in 1998 with Katherine Regional Aboriginal Legal Aid Service (KRALIS) in the Northern Territory where she spent time working with Indigenous communities and in bush courts. From 1999 - 2000, Amanda worked for Legal Services Commission in South Australia. Following this, she then worked as a Solicitor for Aboriginal Legal Rights Movement (ALRM) to November 2007, working as the Criminal Practice Manager from 2007.

Amanda then started her own practice in 2008, specialising in criminal defence. Her experience includes representation of accused persons in all general criminal law, at all stages of proceedings; appearing before the Court of Criminal Appeal, Supreme Court, District Court, Magistrates Court and Youth Court, along with specialist courts including the Treatment Intervention Court, Nunga Court, Family Violence Court, Early Resolution Court, and Section 269 Court. In 2017 Amanda returned as Criminal Practice Director for Aboriginal Legal Rights Movement. She is currently working in this position today.

### ATCA Standard Technical Expert Training Thursday 31 October

### **Barry Evans, ATCA Project Officer**

Since 2002, the Australasian Therapeutic Communities Association (ATCA) has been working towards the development and roll out of a Standard for therapeutic communities and residential rehabilitation services. This Standard is a benchmark that signifies to all stakeholders that an accredited organisation is operating under an internationally registered Standard that currently covers services in Australia and New Zealand.



The ATCA Standard for Therapeutic Communities and Residential Rehabilitation Services was registered with the Joint Accreditation System of Australia and New Zealand (JAS-ANZ) in 2014 and is currently being implemented across Australia.

A feature of the Standard is the inclusion in the audit team of a Technical Expert appointed by the ATCA Board. A Technical Expert (TE) must accompany the auditors on site visits and be available for consultancy in Stage 2 of the audit as well as in the report writing phase. The role of the TE within the Audit Team is one of support to the Auditor, providing expert opinion and interpretation of the evidence submitted by the service or program to support compliance against the Standard.

A Technical Expert must be approved by the ATCA Board and will have at least five years' experience working in a Therapeutic Community and be acknowledged by the ATCA as an expert in Therapeutic Communities. The person will be engaged for his/her specialist knowledge and abilities. As well as time served working in a therapeutic community, a Technical Expert is required to complete the ATCA Therapeutic Community Training and the ATCA Technical Expert Training as prerequisites for registration and recommendation to Certification/Accreditation Bodies.

In March 2019, Expectation 14 was developed and included into the ATCA Standard. Expectation 14 addresses Governance and Management.

This skills-based workshop will provide potential Technical Experts with the pre-requisite training to prepare them for a role in contributing to the continuous quality improvement of the sector. In addition, the workshop will provide an orientation to Expectation 14 in anticipation of the 'take-up' of this option by some member agencies seeking certification/accreditation.

# Attachment theory and substance use: Bridging science with practice Friday 1 November



### Associate Professor Gery Karantzas, Deakin University

It is well established that substance use is associated with relationship problems and relationship distress. Despite this, there is little by way of the application of relationship theories to understand substance use issues and their impact on relationship functioning. One widely studied theory of relationships that can

offer a critical understanding is attachment theory. This is because attachment theory is not only a theory of human bonding, but, a theory of distress regulation. Thus, attachment theory can provide important insight into how substance use may reflect difficulties in people's abilities to deal with relationship problems and the challenges they face in managing distress.

You can register for this **full day workshop on the ATCA 2019:** The Future is Today website at: <a href="http://www.atca2019.com.au/skills-based-workshop/">http://www.atca2019.com.au/skills-based-workshop/</a>

The workshop will provide a comprehensive background into attachment theory. In particular, it will provide participants with:

- An understanding of the functioning of the attachment behavioral system
- An understanding of different attachment styles
- How to accurately assess of attachment styles
- Strategies for practitioners in working with people who demonstrate different attachment styles
- A state-of-the-art review of the research into attachment and:
  - o substance use
  - o distress regulation strategies
  - key aspects of relationship functioning

Spaces will be limited – so do not delay – Register TODAY!

http://www.atca2019.com.au/registration/



### **KEY DATES**

- 1 October ATCA Awards Nominations close
- 8 October Nominations to ATCA Board close (call for nominations accompanies this Newsletter)
- 28 October Conference Site Visits
- 29-31 October ATCA Conference
- 29 October ATCA AGM
- 30 October ATCA Standards TE Training
- 1 November Skills Based Workshop

### **BECOME A SPONSOR**

# TC Training - next stop Perth WA

Since the last newsletter in June, Workforce Development training has taken place at Odyssey House in Lower Plenty Victoria, at WHOS in Sydney and at Cyrenian House in Perth. Over the past 12 months, a staggering 304 people have taken part in the training.



A further training course will take place in Perth at Cyrenian House, commencing with the first block on Monday 4, Tuesday 5, and Wednesday 6 November and followed by the second training block

on Monday 2, Tuesday 3, and Wednesday 4 December.

The Mental Health Commission has generously funded WA participants to undertake the training – and the recent Perth course included staff from Cyrenian House, Wandoo Women's prison, Palmerston, Hope Community and Yaandina's Turner River TC.

Places are also available (but not funded by the WA MHC) for staff from outside WA to attend – so this could be the opportunity to combine training with visits to our Perth programs.

**CONTACT US** 

To apply for a place in the Perth training please fill in the application form on Survey Monkey here https://www.surveymonkey.com/r/986Y5PR

You will be asked to nominate which venue is preferred.

For more information, please contact Executive Officer,

Dr Lynne Magor-Blatch at atca@atca.com.au

# Further Graduations mark successful completions of TC Training Course

Karralika staff who have successfully completed the TC Training Course were presented with their certificates at a special event recently.

Karralika Programs CEO Sharon Tuffin, together with Karralika Board member Rebecca Davey, presented graduation certificates to Nicki Esau, Soraya Fisher, Dawn Bainbridge, Daniel Grayswood, Sarah Lawrence and Jason Kair.

Staff also receiving certificates, but not present on the day, were Tristan Henderson, David Nancarrow and Henry Bessell.



We congratulate the 120 graduates of the TC Courses who have already received their certificates. There are a number of others who have now completed, and the next graduation ceremony will take place during the ATCA Conference in Adelaide.

It is hoped that in addition to the new graduates taking the stage, many of the 120 who have already received their certificates will be available to join their colleagues.

We look forward to seeing you in Adelaide!

# ATCA Awards nominations open until 1 October!

ATCA Awards were first introduced in 2008 and each year are presented to individuals and/or organisations that have provided dedicated and innovative leadership, thus enhancing the TC model of treatment for alcohol and other drug issues.

These initially comprised three categories:

- ATCA Recognition Award
- Program or Intervention: Significant Contribution to the Therapeutic Community Movement
- Individual: Significant Contribution to the Therapeutic Community Movement

In 2016, the award categories were expanded with the introduction of two important categories:

- First Nations Innovation and Partnership Award – Organisational Award
- Excellence in Research and Evaluation Award

This year in 2019, we are delighted to announce a further category:

• Individual: Significant Contribution to development at an Organisational level

Recognition Award - The ATCA Recognition Award, which recognises the individuals who have made a contribution to the Therapeutic Community movement in Australasia and/or internationally, has this year been expanded in recognition of the many individuals who have worked with our services over a considerable number of years. Staff longevity is a hallmark of the TC Movement!

In addition to the traditional 10-year award, this award category has been expanded to recognise people who have worked within the TC movement for periods of 20 – 30 years and more. These individuals bring a wealth of knowledge and leadership to the movement, and their contribution is recognised.

Awardees in the category of ATCA Recognition Award receive a certificate, presented at the annual ATCA Conference or Symposium.

Winners in other categories will receive an engraved glass trophy, presented at the ATCA Conference Dinner on Wednesday 29 October.

Individual Award: Significant Contribution to the Therapeutic Community Movement - This award recognises the individuals who have made a significant contribution to the Therapeutic Community movement in Australasia and/or internationally over a considerable period of time. The goal of the Significant Contribution: Individual Award is to acknowledge and publicly recognise the exceptional work done by people who have worked tirelessly over a number of years to promote and develop the therapeutic community approach to treatment within the sector.

Program or Intervention: Significant Contribution to the Therapeutic Community Movement in Australasia - This award recognises an exemplary or commendable contribution to the Therapeutic Community (TC) movement in Australasia made by a program or intervention. Any TC treatment provider or intervention is eligible.

Individual: Significant Contribution to development at an Organisational level - This award acknowledges the individuals who have made a

significant contribution to the organisations in which they have worked over a considerable period of time. These people are the stewards of the Community as Method approach to treatment. Their daily presence as role models, teachers and mentors within these communities is vital to the success of the model. The goal of this award is to acknowledge and publicly recognise the important work done by them in preserving the model and guiding the implementation of new interventions, programs and innovations to treatment as they become relevant to the communities in which they work.

First Nations Innovation and Partnership Award. Therapeutic Community Movement in Australasia: Organisational Award - This award recognises organisations that have made a contribution to the Therapeutic Community (TC) movement in Australasia by way of innovation and forming Partnerships that make Therapeutic communities culturally safe and relevant to first nation's people.

The goal of this Award is to provide public recognition work done to include first nations peoples in the delivery of Therapeutic Community programs either by way of innovation or the formulation of partnerships that directly benefit First Nations residents.

#### Excellence in Research and Evaluation Award -

Therapeutic Community research is essential to the development of effective and informed strategies to improve the lives of clients and residents accessing TC services and programs. This award recognises the individuals, research teams and TCs that have contributed to evidence-based research and evaluation of TC services and programs.

### 2019 Closing date and Nomination information

Nominations for each of the awards should be made on the nomination forms which accompany this newsletter, and be submitted by 1 October 2019 to:

Dr Lynne Magor-Blatch
ATCA Executive Officer
Email: atca@atca.com.au
Or mailed to:
PO Box 464
Yass, NSW 2582
Australia

For further information: Phone: +61 (0)422 904040

### ATCA Board Nominations called for four positions in 2019

The election of members to the Board of Directors of the Australasian Therapeutic Communities Association (ATCA) is to be conducted at the Annual General Meeting on Tuesday 28 October 2019 at the ATCA Conference venue at the Grand Chancellor Hotel, Hindley St, Adelaide at 6pm.

As directed by the ATCA's Constitution, four positions for Elected Directors shall be declared vacant.

Standing down:
Carole Taylor, DASA, NT;
Garth Popple, WHOS, NSW and Qld;
Gerard Byrne, The Salvation Army Recovery
Services, Australia;
Mark Ferry, Ted Noffs Foundation, NSW and ACT.

The Call for Nominations and Nomination form accompanies this newsletter. All of the Directors standing down are eligible for re-election.

To nominate for a position on the Board please complete the accompanying nomination form and return to:

**ATCA** 

PO Box 464, Yass NSW 2582, Australia Or by email to: atca@atca.com.au

Nominations must be received by 6pm Tuesday 8 November 2019.

Please note: All Organisational TC Members of ATCA are eligible to nominate and to vote.
Associate Members (Residential Rehabilitation Service Members) are not eligible to stand for election but may be co-opted to the Board for a fixed term. Members in this category are eligible to vote.

# Employment Opportunities ATCA Members Services



### Website

Link: <a href="https://www.byronprivaterehab.com.au/career-opportunities/">https://www.byronprivaterehab.com.au/career-opportunities/</a>

### Clinical Director

Competitive Package - Full Time

### **About Byron Private**

Set in the hinterland of Byron Bay, Byron Private is a 12 bed, integrative holistic residential treatment facility providing specialised therapeutic support for individuals suffering from depression, anxiety, drug and alcohol addiction, eating disorders and trauma. Byron Private maintains third party certification to ISO 9001:2015 Quality Management Systems. Due to continued growth and increased demand an exciting opportunity exists for a progressive Clinical Director to join Byron Private.

As Clinical Director, you will provide leadership and consultancy to a clinical team and be responsible for overseeing the clinical care of a small therapeutic community of up to 12 clients. The clinical team at Byron Private consists of specialist medical staff and a multidisciplinary team of clinical psychologists, psychotherapists, nurses and alternative health care workers.

Byron Private operates within a recoveryoriented framework providing short to medium term inpatient assessment, treatment and rehabilitation. Clinical management is structured around individualised care planning that addresses the expressed needs, goals and aspirations of the person receiving treatment.

#### About the Role

- 1. To administer the highest level of clinical governance for the organisation
- 2. Oversee the quality of clinical care and the therapeutic treatment of all clients
- 3. Provide leadership and consultancy to staff on clinical matters
- 4. Keep abreast of contemporary treatment centre methodologies
- 5. Review client information, treatment outcomes and development of treatment strategies
- 6. Collaborate with and advise the clinical team and staff in overseeing the status and health of the client community
- 7. Collaborate with and advise the clinical team and staff in overseeing the status and health of the client community.
- 8. Recommend treatment adjustments through a case review process or in ad hoc consultations
- 9. Advise on treatment and referral for clients who may need more specialized mental health care

## Qualifications/ registrations/ experience

- Previous working experience as a Clinical Director or Clinical Manager
- MA in Psychology or Clinical Psychology
- Experience in Clinical Supervision
- Registration with the Australian Health Practitioner Regulation Agency (AHPRA)
- Demonstrated ability to collaborate effectively in a team setting
- Excellent communication skills
- Positive, flexible, and solutionfocused attitude

**Enquiries:** Kylie Beattie, Managing Director <u>kylie@byronprivate.com.au</u> M: 0413 961 174